Reports recently show There have been recent reports that the deterioration and development and exacerbation of auto immune autoimmune diseases, such as systematic lupus erythematous and rheumatoid arthritis, may haveshow seasonality, despitewith the fact that the season related seasonal characteristics could vary depending on the disease. Sunlight and infectious pathogens agents are, for example, thought to be involved with examples of environmental factors which contribute the that may be involved in the occurrence of seasonality. In addition, thean association between Vitamin D and auto immune autoimmune diseases werewas recently reported recently by Suzuki and colleagues. Although there are somehave been reports indicating about the exacerbation/seasonal development/exacerbation of disease and seasonality innumerous diseases, a lot of disease, this seasonal relationship is not consistent even among patients with the same disease even. The reason why is that for this may be genetic factors existthat differ among individuals, that there areas well as environmental differences due to such as variations in climate, etc., and that there is no agreed-upon, or the lack of established consensus definitions for the development or relapsing of disease, onset of or relapse of various diseases (including itsthe duration and timing-

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