

This study ~~is aimed at reviewing~~reviewed overseas and Japanese domestic ~~literatures~~literature on ~~family~~the experiences ~~in~~of families caring ~~a person~~for persons with ~~a~~ severe mental illness, and aimed to identify common stages of ~~such processes.~~ ~~By doing database research~~the caring process. Through searching databases, we identified ~~the~~ articles published after 1995 by overseas and Japanese researchers that ~~were published after 1995 and mentioning the process of family~~reported the experiences ~~in~~of families caring for a family member ~~of family who has with~~ depression, schizophrenia, ~~and mania~~or manic depression. We ~~could identify~~identified 31 research articles, consisting of 26 reports from overseas and 5 from ~~Japanese~~Japan. Based on ~~fifteen articles written about~~15 overseas reports about general family experiences, we identified the following 10 common stages of the caring process ~~were confirmed to be common, as follows:~~ awareness of the problem, feeling of inadequacy and inability ~~and consumed, approach of,~~ approaching the crisis, ~~diagnosis of~~diagnosing the illness, feeling dissatisfied with healthcare professionals, emotional ~~negativeness,~~ feeling ~~of negativity,~~ experiencing distress, ~~unstable~~instability of the patient's condition, stabilization of the patient's condition, holding and development of hope. In conclusion, these ~~commonly identified~~common stages that we identified may also partly ~~be applied~~apply to families ~~domestically, however, in Japan, but~~ more ~~nation-wide~~

~~researches are nationwide research is~~ needed ~~that are onto understand~~ the process of  
general ~~family~~ experiences ~~of such families.~~

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